

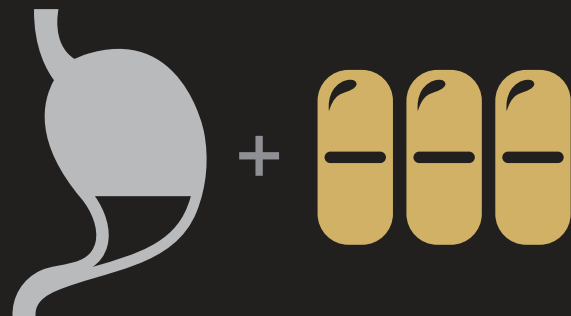


QUALIA SAMPLE

Quickstart Guide

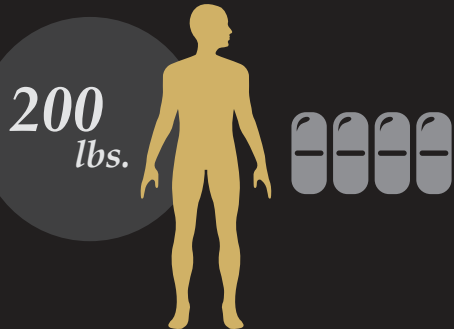
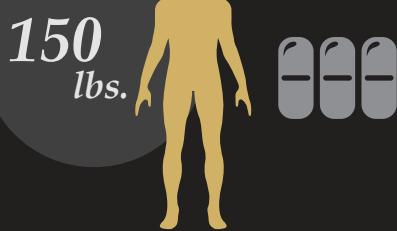
01.

Take your Qualia sample with water on an empty stomach, preferably first thing in the morning.



02.

Experiment with your optimal dose - generally between one and five pills.



03.

Get good sleep. If you are not getting enough sleep, Qualia will not work correctly.

